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# Community-Based Education Program



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## Promotional Copy

### #4208: The role of expressive arts in health care

#### Organization Information

*The Arts Council~Haliburton Highlands strives to provide a strong voice for the arts in Haliburton County; to serve as a catalyst for community economic development through the arts; and, through the facilitation of collaborative relationships among artists, organizations, businesses and government, contribute to the vibrancy of the arts and community life.*

#### **Mandate**

- Serve as a voice for artists and arts, culture and heritage within the County and to the world;
- Provide opportunities for communication and sharing information within the arts community;
- Provide business resources and facilitation services for artists, organizations and businesses;
- Be a catalyst for new community economic development initiatives related to the arts;
- Promote arts education opportunities for people of all ages and provide professional development for artists and arts professionals;
- Work with community partners to promote the arts within the County and to the world at large; and

Provide opportunities to celebrate the arts.

#### Project Information

The Visible Voices program has shown that engaging in expressive arts can improve quality of life for seniors – both those volunteering and those participating in the program. The purpose of this project is to share these outcomes with other health professionals and to begin a conversation about how to integrate expressive arts professionals into the health care team. Students will be organizing focus groups to provide a venue for presenting the outcomes of the visible voices program. Students will facilitate and record discussions and develop a report on how expressive arts professionals can play a role in the provision of health care in Haliburton County and other rural areas.

#### Benefit to the Community

This project will benefit the host and community by bringing health care professionals together to discuss an additional tool to be used in health care. This project will raise awareness about expressive arts and the impact it can have on quality of life. Ultimately it may increase the number of people in Haliburton County engaging in expressive arts as a way to make meaning in their lives, reduce stress, increase self esteem and realize potential

#### Potential Learning for the Student

The student will learn about current health care models which integrate the arts (both in Canada and Internationally, specifically the UK and Australia) They will learn about the impact of expressive arts on health and well being. Students will also learn about conducting focus groups and report writing.

## **Resources Required for Project Provided by Host**

### **Host:**

**U-Links:** The cost of a rental vehicle **OR** reimbursement for fuel (student owned vehicle) to travel to and from Haliburton County for up to **four (4)** visits.

All costs for transportation beyond the four visits, including rental and fuel costs, as well as fuel costs for project related travel within the county are the responsibility of the host organization.

### **Screening or Training Requirements**

Confidentiality agreement

### **Skills that Would Be an Asset to the Student(s)**

Group facilitation  
Report writing  
Organizational skills